**Children/Family Services**
Alaska Center for Resource Families 1-800-478-7307 or 376-4678  
Alaska Family Services, Inc. 746-4080  
Beacon Hill/Safe Families for Children (907)222-0925  

**Compassionate Directions** 352-1200  
**Cook Inlet Tribal Council** 793-3132  
**Denali Family Services** 376-3275  
**Family Centered Services** 357-7159  
**HeartReach Center** (800) 712-HELP (4357)  
**LINKS Parent Resource Center** 373-3632  
**Mat-Su Health Services** 356-2411  
**Mat-Su Services for Children & Adults** 352- 1200

**Emergency Shelters**  
AFS Domestic Violence Shelter 746-8026 24/7 (866) 746-4080  
1825 S. Chugach St., Palmer  
For female victims of domestic violence and sexual assault with or without children; 24-hour staffing.

**Family Promise of Mat-Su** 357-6160 561 W. Nelson, Wasilla  
Shelter, meals, and case management for families without housing. Pet boarding available.

**MY House**  373-4357 300 N. Willow Street, Wasilla  
Provides emergency shelter for homeless youth ages 14-24.

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**24 hour Crisis Lines:**  
*Emergencies Dial 911*

**Adult Protective Services** 800-478-9996  
**Alaska Family Services**  
Domestic Violence, Sexual Assault, Crisis (866) 746-4080  
**Beacon Hill/Safe Families for Children** (907) 277-0925  
**Careline Crisis Intervention**  
Statewide (877) 266-4357  
National (800) 273-8255  
**Child Abuse Reporting Hotline** 800-478-4444  
**Fallen Up Ministries Hotline** 815-SAVE  
**HeartReach Center** (800) 712-HELP (4357)  
**Mat-Su Health Services**  
Suicide and Mental Health Hotline (907) 376-2411  

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**Pediatric Resource Center of Alaska** 414-9554  
**Reach907 (formerly Royal Family Kids)** 982-9645 (mentoring for children in foster care)  
**Stone Soup Group** (907)561-3701  
**Sunshine Community Health Center** 733-2273 (Talkeetna) 495-4100 (Willow)  
**thread Alaska** 373-5024

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**Care Coordination & Case Management**  
**Alaska Behavioral Health** 563-1000  
**ADRC-Wasilla** 373-3632  
**Care Coordination Resource of Alaska** 746-3445  
**Choices, Inc.** 333-4343  
**Cook Inlet Tribal Council** 793-3300  
**Daybreak, Inc.** 746-6019  
**Denali Family Services** 376-3275  
**Hope Community Resources** 357-3750  
**Knik Tribal Council** 373-7991  
**Mat-Su Health Services-Behavioral Health Team** 376-2411  
**Southcentral Foundation-Benteh Nuutah Valley Native Primary Care** 631-7800  
**Sunshine Community Health**  
Talkeetna (907)344-3338  
Willow (907)495-4100

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**Mental Health and Suicide Prevention** *(Tuesday – Saturday 3pm-11pm)*  
Text 4 Help to 839863  
**Crisis Text Line** 741-741 (Text START)  
**Poison Control** (800) 222-1222  
**SART (Sexual Assault Response Team)** (866) 746-4080  
**Crisis Line – Peer Support** (Substance Abuse) 982-HOPE  
**Standing Together Against Rape (STAR)** 1-800-478-8999

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**Information & Referrals**  
**C’eylits’ Hwanax Community** 631-7665  
**Chickaloon Village-Sutton** 745-0749  
**Cook Inlet Tribal Council** 373-7918  
**Connect Mat-Su** 373-2628  
**Knik Tribal Council** 373-7991  
**LINKS Parent Resource Center** 373-3632  
**ADRC-Wasilla** 373-3632

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**Alaska 211®**  
*Get Connected. Get Answers.*

**United Way of Mat-Su** 373-5807
Food & Nutrition
Big Lake Baptist Church
892-6646 10864 W. Parks Hwy, Big Lake
Wednesday 6:00 pm free dinner and food box.
Please call for food boxes.

Big Lake Community Food Pantry
841-4227 Mile 0.5 Hollywood Road, Big Lake
Faith Bible Fellowship of Big Lake
Open Thursday 11:30 am – 1:30 pm

Salvation Army Christian Center Food Pantry
232-6706 Mile 49 Glenn Highway, Palmer
Open Wednesday, 1-3PM
For Palmer and Butte residents

Family Christian Center
373-2617 203 W. Dogwood Avenue, Palmer

5 Loaves 2 Fish Kitchen
376-3522 501 E. Bogard Road, Wasilla
Meal preparation and delivery to those in need.

Frontline Mission
357-8600 2001 E. Palmer Wasilla Hwy, Wasilla
Hot meals, food pantry, clothing: Thursday and Friday
10:30 am – 1:30 pm; Wed. 6:00 – 7:00 pm

Grace Bible Church Food Pantry
354-0012 15748 Glenn Hwy.
Thursdays from 6 to 7 pm.

Hilltop Assembly of God
892-6225 19777 W Parks Highway, Wasilla
Need to live in Houston area, call first.

Kids Kupboard
360-9476 244 S. Sylvan Dr, Meadow Lakes
Hot meals on-site and cold lunches daily – Call for hot meals and schedules.

Manna Independent Baptist Church
745-3889 10151 E Palmer Wasilla Hwy, Palmer
Wednesday 8:30pm and Sunday 12:30pm

Mat-Su Food Bank
357-3769 501 Bogard Rd., Wasilla
Bring photo ID: Mat-Su residents only. Monday- Friday: 10am-1pm. Call for information about Food 4 Kids program.

Mat-Su Senior Services
745-5454 1132 S. Chugach Street, Palmer

Nugen’s Ranch
376-4534 26731 W Point McKenzie Road, Wasilla
Mondays and Fridays: 5:45 pm-7:00 pm

Palmer Food Bank
745-3565 221 S Valley Way, Palmer
Mat-Su residents only: Mondays-Fridays 1:00-5:00

Salvation Army
612-7079 12271 E. Palmer-Wasilla Hwy, Palmer
Mon and Tues 12pm-4pm; Wed 10:00am-1:30pm

MSBSD School Lunch Program
376-5813 801 N. Wasilla-Fishhook Rd, Wasilla

Upper Susitna Food Pantry
892-6492 16004 E Walsted Rd., Talkeetna
Weds/Fri./Sat. noon-4pm

Wasilla Area Senior Center
376-3104 1301 Century Circle, Wasilla
Sunshine & Valley Transit can pickup and deliver pre-paid groceries & prescriptions. Call 864-5000

Public Assistance Resources
Alaska Division of Public Assistance
376-3903 855 W Commercial Drive, Wasilla
Alaska Legal Services 888-478-2572

Animal Control
746-5500

Child Care Assistance Program
373-4450

Child Support Services Division
357-3550

Disability Law Center
(800) 478-1234

Heating Assistance Program
800-470-3058

Immigration Services
800-375-5283

Mat-Su Public Health Center
352-6600

Office of Children Services
357-9797

Veteran’s Center
376-4318

WIC Program
Palmer 746-6242 or Wasilla 376-4080

Housing, Rental, & Utilities Assistance
Alaska Family Services 746-4080
Blood N' Fire Ministries 864-0463
Daybreak, Inc. 746-6019
Family Promise 357-6160
Knik Tribal Council 373-7991
Salvation Army Mat-Su 745-7079
St. Vincent DePaul 892-6492
UP Church 745-3822
Valley Charities, Inc. 354-4660
Wasilla Homeless Comm. 521-2949

Other Shelter
Alaska Family Services 746-4080
Choosing Our Roots 764-6233
Host homes for LGBTQ youth.
Catholic Social Services 745-8811

Connect Palmer
746-9675 202 S. Alaska Street, Palmer
Family Promise Mat-Su 357-6160 561 W. Nelson, Wasilla
Knik House 841-3090 7362 W Parks Hwy, Wasilla
MY House For ages 14-24
373-4357 300 N. Willow St., Wasilla

Valley Residential Services 957-0256

Treatment-Substance Abuse
Alaska Family Services 376-4000
AKEELA 225-4135
ALANO Club 376-8669
Alanon 357-2550
Alcohol Safety Action Program 746-6260

Cook Inlet Tribal Council Recovery Services 357-5400
Mat-Su AA Hotline 376-4777

Narcotics Anonymous 1-866-258-6329

Nugen’s Ranch 800-654-4673

Starting Point 376-6116

Set Free Alaska 373-4723

Teen Challenge of Alaska 800-559-9503

True North Recovery Services 313-1333

Transportation
A-Cab 775-7475
Alaska Cab 357-2727
Chickaloon Area Transit 745-1753
Knik Tribal Council 373-7974
Redi-Rides of Alaska 357-7500

Sunshine Community Transit
495-8411 for Wasilla/Willow Area
354-3885 for Talkeetna

Valley Cab 357-8294

Valley Transit 864-5000

You may qualify for non-emergency medical transport. If you qualify for Medicaid, ask your doctor to request this when scheduling.

To download the full UWMS Mat-Su Valley Resource Guide, visit unitedwaymatsu.org/